: Architecture Assistantship/ Automobile Engineering./ Artificial Intelligence/ Agricultural Engineerin Artificial Intelligence and Machine Learning/ Automation and Robotics/ Architecture/ Cloud Comput

Civil Engineering/ Chemical Engineering/ Computer Technology/ Computer Engineering/

Civil & Rural Engineering/ Construction Technology/ Computer Science & Engineering/ Fashion & ( Dress Designing & Garment Manufacturing/ Digital Electronics/ Data Sciences/ Electrical Engineerin Electronics & Tele-communication Engg./ Electrical Power System/ Electronics & Communication Er

Engineering/

Programme Name/s Food Technology/ Computer Hardware & Maintenance/ Hotel Management & Catering Technology/

Control/

Industrial Electronics/ Information Technology/ Computer Science & Information Technology/ Instru Interior Design & Decoration/ Interior Design/ Civil & Environmental Engineering/ Mechanical Engi Mechatronics/ Medical Laboratory Technology/ Medical Electronics/ Production Engineering/ Printing Technology/ Polymer Technology/ Surface Coating Technology/ Textile Technology/

Electronics & Computer Engg./ Travel and Tourism/ Textile Manufactures

: AA/ AE/ AI/ AL/ AN/ AO/ AT/ BD/ CE/ CH/ CM/ CO/ CR/ CS/ CW/ DC/ DD/ DE/ **Programme Code** 

DS/ EE/ EJ/ EP/ ET/ EX/ FC/ HA/ HM/ IC/ IE/ IF/ IH/ IS/ IX/ IZ/ LE/ ME/

MK/ ML/ MU/ PG/ PN/ PO/ SC/ TC/ TE/ TR/ TX

Semester : Second

**Course Title** : SOCIAL AND LIFE SKILLS

**Course Code** : 312003

#### I. RATIONALE

Rationale: Life skills can be defined as abilities that enable humans to deal effectively with the demands and challenges of life. Social ski skills that are needed for successful, healthy relationships to easily adapt when moving from one social situation to the next. They help effectively and develop enduring, supportive relationships, we're happier and healthier. This is why developing life skills and eventually socia to being successful in life, it's key for our health and well-being. Thus, Teaching of Social and life skills provide students with essentials of kn attitudes, values, morals ,social skills and better equip them to handle stress and build their self efficacy, self esteem and self confidence.

Note: The course offers five different alternatives (modules) for achieving above outcomes. Students must complete any one module from options.

- a. MODULE-I: Unnat Maharashtra Abhiyan (UMA)
- b. MODULE-II: National Service Scheme (NSS)
- c. MODULE-III: Unniversal Human Values
- d. MODULE-IV: Value Education (Unnati Foundation)
- e. MODULE-V: Financial Literacy (NABARD)

The institute can choose to offer any one MODULE to the groups of the students by taking into consideration the resources required and the institute. Different group of students maybe offered different MODULE based on their choices.

### II. INDUSTRY / EMPLOYER EXPECTED OUTCOME

Demonstrate critical social and life skills ethics, resilience, positive attitude, integrity and self-confidence at workplace and society at large.

### III. COURSE LEVEL LEARNING OUTCOMES (COS)

Students will be able to achieve & demonstrate the following COs on completion of course based learning

- CO1 Enhance the ability to be fully self-aware and take challenges by overcoming all fears and insecurities and grow fully.
- CO2 Increase self-knowledge and awareness of emotional skills and emotional intelligence at the place of study/work.
- CO3 Provide the opportunity to realizing self-potential through practical experience while working individually or in group.
- CO4 Develop interpersonal skills and adopt good leadership behaviour for self-empowerment and empowerment of others.
- CO5 Set appropriate life goals with managing stress and time effectively.

#### IV. TEACHING-LEARNING & ASSESSMENT SCHEME

			Course	Learning Scheme					Assessment Schen							
C				Actual Contact Hrs./Week		1				Theory			Base	ed o T		
Course Code	Course Title	Abbr					SLH	NLH	Credits	Paper				I	Prac	
Couc			Category/s	CL	TL	LL	SLII	NLH		Duration	FA- TH	SA- TH	Tota	al	FA-I	?R
											Max	Max	Max	Min N	Max I	Min
312003 SOCIAL AND LIFE SKILLS SF		SFS	VEC	-	-	-	2	2	1	-	7-7	-	-	-	-	-

#### Total IKS Hrs for Sem. : Hrs

Abbreviations: CL- ClassRoom Learning, TL- Tutorial Learning, LL-Laboratory Learning, SLH-Self Learning Hours, NLH-Notional Learn Formative Assessment, SA -Summative assessment, IKS - Indian Knowledge System, SLA - Self Learning Assessment Legends: @ Internal Assessment, # External Assessment, \*# On Line Examination, @\$ Internal Online Examination Note:

- 1. FA-TH represents average of two class tests of 30 marks each conducted during the semester.
- 2. If candidate is not securing minimum passing marks in FA-PR of any course then the candidate shall be declared as "Detained" in that so
- 3. If candidate is not securing minimum passing marks in SLA of any course then the candidate shall be declared as fail and will have to re SLA work.
- 4. Notional Learning hours for the semester are (CL+LL+TL+SL)hrs.\* 15 Weeks
- 5. 1 credit is equivalent to 30 Notional hrs.
- 6. \* Self learning hours shall not be reflected in the Time Table.
- 7. \* Self learning includes micro project / assignment / other activities.

# V. THEORY LEARNING OUTCOMES AND ALIGNED COURSE CONTENT

Sr.No	Theory Learning Outcomes (TLO's)aligned to CO's.	Learning content mapped with Theory Learning Outcomes (TLO's) and CO's.	Suggested Learni	
Sr.No		MODULE 1: Activities Under Unnat Maharashtra Abhiyan (UMA)  1.1 Introduction to Societal Needs and respective stakeholders: Regional societal issues that need engineering intervention 1.2 Multidisciplinary approach-linkages of academia, society and technology 1.3 Stakeholders' involvement 1.4 Introduction to Important secondary data sets available such as census, district economic surveys, cropping pattern, rainfall data, road network data etc 1.5 Problem Outline and stakeholders: Importance of activity and connection with Mapping of system components and stakeholders (engineering / societal) 1.6 Key attributes of measurement 1.7 Various instruments used for data collection - survey templates, simple measuring equipments 1.8 Format for measurement of identified attributes/ survey form and piloting of the same 1.9 Fieldwork: Measurement and quantifications of local systems such as agriculture produce, rainfall, Road network, production in local industries, Produce /service which moves from A to B 1.10 Analysis and Report writing Report writing containing- 1. Introduction of the topic 2. Data collected in various formats such as table, pie chart, bar graph etc	i) Group discussion ii) Role play iii) Case study iv) Seminar and present  Implementation guide  The course will be implesessions and fieldwork: a) Session I - Introduction paradigm, fieldwork and pedagogy b) Session II - VII - Sociate value creation, measured analysis and reporting c) Session VIII - Final confedback and assessment d) Field work - 1. Pilot Visit - Pilot of standard stand	

Sr.No	Theory Learning Outcomes (TLO's)aligned to CO's.	Learning content mapped with Theory Learning Outcomes (TLO's) and CO's.	Suggested Learni	
2	TLO 2.1 Adopt a Village or Slum for providing needed services to the community TLO 2.2 Carry out Survey to identify the problems of village community TLO 2.3 Unsertake Special camping about developmental programs TLO 2.4 Establish the liaisons between government and other developmental agencies for the implementations of various development schemes of Government	MODULE II: National Service Scheme (NSS)  2.1 Contacting Village/Area Leaders  2.2 Primary socio economic survey of few villages in the vicinity of the institute.  2.3 Selection of the village for adoption - conduct of activities  2.4 Comprehensive Socio Economic Survey of the Village/Area  2.5 Identification of Problem(s)  2.6 Dissemination of information about the latest developments in agriculture, watershed management, wastelands development, non-conventional energy, low cost housing, sanitation, nutrition and personal hygiene, schemes for skill development, income generation, government schemes, legal aid, consumer protection and allied fields.  2.7 A liaison between government and other development agencies for the implementation of various development schemes in the selected village / slum.	(i) The teachers should before adopting it for N (ii) The selected area sh (iii) The community per receptive to the ideas of living standard. They sh coordinate and involve i undertaken by the NSS (iv) The areas where pol likely to arise should be units. (v) The area should be e NSS volunteers to under to slums.	
3	TLO 3.1 Demonstrate Love and Compassion (Prem and Karuna) in the society TLO 3.2 Follow the path of Truth (Satya) TLO 3.3 Practice Non-Violence (Ahimsa) TLO 3.4 Follow the Righteousness (Dharma) TLO 3.5 Attain Peace (Shanti) in Life TLO 3.6 Provide Service (Seva) to the needy person/community. TLO 3.7 Demonstrate Renunciation (Sacrifice) Tyaga TLO 3.8 Practice Gender Equality and Sensitivity	MODULE-III: Universal Human Values 3.1 Love and Compassion (Prem and Karuna): Introduction, Practicing Love and Compassion (Prem and Karuna) 3.2 Truth (Satya): Introduction, Practicing Truth (Satya) 3.3 Non-Violence (Ahimsa): Introduction, Practicing Non-Violence (Ahimsa) 3.4 Righteousness (Dharma): Introduction, Practicing Righteousness (Dharma) 3.5 Peace (Shanti): Introduction, Practicing Peace (Shanti) 3.6 Service (Seva): Introduction, Practicing Service (Seva) 3.7 Renunciation (Sacrifice) Tyaga: Introduction, Practicing Renunciation (Sacrifice) Tyaga 3.8 Gender Equality and Sensitivity: Introduction, Practicing Gender Equality and Sensitivity	i) Lectures ii) Demonstration iii) Case Study iv) Role Play v) Observations vi) Portfolio Writing vii) Simulation viii) Motivational talks i ix) Site/Industry Visit	



Sr.No	Theory Learning Outcomes (TLO's)aligned to CO's.	Learning content mapped with Theory Learning Outcomes (TLO's) and CO's.	Suggested Learni
	TLO 4.1 Demonstrate Puntuality appropriately	MODULE-IV: Value Education (Unnati Foundation) 4.1 Punctuality, Icebreaker and Simple Greeting, Understanding & Managing Emotions, Introducing Self, The power of a Positive Attitude, Talking about one's Family, Talking about one's Family, Making a Positive Impression, Give word list for a Word based 4.2 Cleanliness, Hygiene and Orderliness, Likes and Dislikes,	
	TLO 4.2 Practice Cleanliness, Hygiene and Orderliness for self and others	Developing Confidence in Self and Others, Strengths and Weaknesses, Listening Skills, Greeting gestures, Gender Equality and Sensitivity 4.3 Responsibility, OCSEM- Visual Comprehension and Word Based Learning, Goal Setting – Make it happen, Follow, Like & Share Unnati Social Media - Facebook / Instagram/ Twitter	21
	TLO 4.3 Take Responsibility and Calculated Risks	Introducing Others, Time Management, Talking about the daily routine, Money Management 4.4 Gratitude and Appreciation, Asking Simple Questions & Asking for the price, Stress Management, Student Referral process	
/	TLO 4.4 Demonstrate Gratitude and Appreciations	Comprehending & Paraphrasing Information, A Plate of Rice and Dignity of Labour, Topics for Public Speaking, Placement Process, OCSEM-E-Newspaper, Critical Thinking to overcome challenges 4.5 Determination and Persistence, Guiding and Giving Directions, Language Etiquette & Mannerism, Unnati Philosophy, b. Unnati	<ul><li>i) Video Demonstrations</li><li>ii) Flipped Classroom</li></ul>
4	TLO 4.5 Show Determination & Persistence about work	Branding - Follow, Like & Share Unnati Social Media - Facebook / Instagram/ Twitter, Simple instructions to follow procedures, Assertiveness, Give topics for Debate, Describing a person/Objects, Refusal Skills, Word List for Word based Learning	<ul><li>iii) Case Study</li><li>iv) Role Play</li><li>v) Collaborative learnin</li></ul>
/	TLO 4.6 Give Respect as per the social norms and practice	4.6 Respect, Comparing, OCSEM - Public Speaking, Student referral process, Attending a phone call, Being a Good Team Player, Placement Process, At a Restaurant, Workplace ethics 4.7 Team Spirit, Inviting someone, OCSEM - Picture Reading & Word, a. Unnati Philosophy & b. Unnati Branding - Follow, Like & Shore Unnati Seciel Media, Escaback, Instagram, Twitter	vi) Cooperative Learnin vii) Chalk-Board
	TLO 4.7 Respect Team Spirit to the acceptable level	Share Unnati Social Media - Facebook / Instagram/ Twitter, Apologizing, Apologizing, Dealing effectively with Criticism, Introduce Importance of Self Learning and upskilling 4.8 Caring and Sharing, Handling Customer queries, Flexibility & Adaptibility, Student referral process, Writing a Resume, OCSEM-	
	TLO 4.8 Practice Caring & Sharing among fellow citizens/community	Public Speaking, Placement Process, Meditation/ Affirmation & OCSEM-Debate, Introduce Certif-ID, how to create Certif-ID Project, 4.9 Honesty, Email etiquette & Official Email communication,	
	TLO 4.9 Demonstrate Honesty	Alcohol & Substance use & abuse, Describing a known place, Leadership Skills, Describing an event, OSCEM-Picture Reading & Visual Comprehension 4.10 Forgive and Forget, Facing and Interview, OSCEM-Public	
	TLO 4.10 Practice for Forgive and Forget	Speaking, Attending a telephonic/Video interview & Mock Interview, Affirmation, Pat-a-Back & Closure (Valediction, Unnati Branding, Student Testimonials), Meditation/Affirmation & Sponsor connect (Speak to UNXT HO)	
/	TLO 5.1 Develop Literacy About Savings and Investments in the community TLO 5.2 Attain Literacy About Financial Planning	MODULE-V: Financial Literacy 5.1 Introduction - Life Goals and financial goals 5.2 Savings and Investments - Three pillars of investments, Popular	
	TLO 5.3 Demonstrate skills about Financial Transactions TLO 5.4 Use Literacy skills About	asset classes, Government schemes, Mutual Funds, Securities markets (Shares and bonds), Gold, Real Estate, Do's and Don'ts of investments	i) Online/Offline Mode ii) Video Demonstration iii) Presentations
5	Income, expenditure and budgeting TLO 5.5 Use measures about Inflation in the market. TLO 5.6 Use Literacy/Knowledge About Loans TLO 5.7 Explain the Importance of Insurance TLO 5.8 Follow Dos and Donts about finances	<ul> <li>5.3 Retirement planning</li> <li>5.4 Cashless transactions</li> <li>5.5 Income, expenditure and budgeting – Concepts and Importance</li> <li>5.6 Inflation- Concept, effect on financial planning of an individual</li> <li>5.7 Loans – Types, Management of loans, Tax benefits</li> <li>5.8 Insurance – Types, Advantages, selection</li> <li>5.9 Dos and Donts in Financial planning and Transactions</li> </ul>	iv) Case Study v) Chalk-Board vi) Collaborative learnin

# VI. LABORATORY LEARNING OUTCOME AND ALIGNED PRACTICAL / TUTORIAL EXPERIENCES: NOT APPLICABLE.

#### VII. SUGGESTED MICRO PROJECT / ASSIGNMENT/ ACTIVITIES FOR SPECIFIC LEARNING / SKILLS DEVELOPMENT (

### Suggestive list of activities during Regular as well as Special Camping (NSS Activities)

- Following list is only an illustrative list of the type of activities that can be undertaken. Under the programme it would be open to each NS\$ of these programmes or any other activity which may seem desirable to them according to local needs. The NSS Unit should aim at the integra area selected for its operation which could be a village or a slum. It has also to be ensured that at least a part of the programme does involve m
- (a) Environment Enrichment and Conservation:

The activities under this sub-theme would inter-alia, include:

- (i) plantation of trees, their preservation and upkeep
- (ii) Construction & maintenance of village streets, drains
- (iii) Cleaning of village ponds and wells;
- (iv) Popularization and construction of Gobar Gas Plants, use of non-conventional energy;
- (v) Disposal of garbage & composting;
- (vi) Prevention of soil erosion and work for soil conservation,
- (vii) Watershed management and wasteland development
- (viii) Preservation and upkeep of monuments, and creation of consciousness about the preservation of cultural heritage among the community.
- (b) Health, Family Welfare and Nutrition Programme:
- (i) Programme of mass immunization;
- (ii) Working with people in nutrition programmes with the help of Home Science and medical college students;
- (iii) Provision of safe and clean drinking water;
- (iv) Integrated child development programmes;
- (v) Health education, AIDS Awareness and preliminary health care.
- (vi) Population education and family welfare programme;
- (vii) Lifestyle education centres and counselling centres.
- © Programmes aimed at creating an awareness for improvement of the status of women: (i) programmes of educating people and making then rights both constitutional and legal;
- (ii) creating consciousness among women that they too contributed to economic and social well-being of the community;
- (iii) creating awareness among women that there is no occupation or vocation which is not open to them provided they acquire the requisite sk
- (iv) imparting training to women in sewing, embroidery, knitting and other skills wherever possible.
- (d) Social Service Programmes:
- (i) work in hospitals, for example, serving as ward visitors to cheer the patients, help the patients, arranging occupational or hobby activities for guidance service for out-door-patients including guiding visitors about hospital's procedures, letter writing and reading for the patients admitted up of patients discharged from the hospital by making home visits and places of work, assistance in running dispensaries etc.
- (ii) work with the organisations of child welfare;
- (iii) work in institutions meant for physically and mentally handicapped;
- (iv) organising blood donation, eye pledge programmes;
- (v) work in Cheshire homes, orphanages, homes for the aged etc.;
- (vi) work in welfare organisations of women;
- (vii) prevention of slums through social education and community action;
- (e) Production Oriented Programmes:
- (i) working with people and explaining and teaching improved agricultural practices;
- (ii) rodent control land pest control practices;
- (iii) weed control;
- (iv) soil-testing, soil health care and soil conservation;
- (v) assistance in repair of agriculture machinery;
- (vi) work for the promotion and strengthening of cooperative societies in villages;
- (vii) assistance and guidance in poultry farming, animal husbandry, care of animal health etc.;
- (viii) popularisation of small savings and assistance in procuring bank loans
- (f) Relief & Rehabilitation work during Natural Calamities:
- (i) assisting the authorities in distribution of rations, medicine, clothes etc.;
- (ii) assisting the health authorities in inoculation and immunisation, supply of medicine etc.;
- (iii) working with the local people in reconstruction of their huts, cleaning of wells, building roads etc.;
- (iv) assisting and working with local authorities in relief and rescue operation;
- (v) collection of clothes and other materials, and sending the same to the affected areas;
- (g) Education and Recreations: Activities in this field could include:
- (i) adult education (short-duration programmes);
- (ii) pre-school education programmes;

- (iii) programmes of continuing education of school drop outs, remedial coaching of students from weaker sections;
- (iv) work in crèches;
- (v) participatory cultural and recreation programmes for the community including the use of mass media for instruction and recreation, programsinging, dancing etc.;
- (vi) organisation of youth clubs, rural land indigenous sports in collaboration with Nehru Yuva Kendras;
- (vii) programmes including discussions on eradications of social evils like communalism, castism, regionalism, untouchability, drug abuse etc (viii) non- formal education for rural youth and
- (ix) legal literacy, consumer awareness.

# VIII. LABORATORY EQUIPMENT / INSTRUMENTS / TOOLS / SOFTWARE REQUIRED

Sr.No	Equipment Name with Broad Specifications	Relevant LL(
1	Simple engineering measurement devices GPS data collection tools GIS open source softwares- Google Earth and QGIS MS office suite	All

## IX. SUGGESTED WEIGHTAGE TO LEARNING EFFORTS & ASSESSMENT PURPOSE (Specification Table): NOT APPLICAB

### X. ASSESSMENT METHODOLOGIES/TOOLS

Formative assessment (Assessment for Learning)

• Formative assessment (Assessment for Learning) Report and presentation of fieldwork activities, Self-Learning (Assignment)

**Summative Assessment (Assessment of Learning)** 

#### XI. SUGGESTED COS - POS MATRIX FORM

Cammaa	Programme Outcomes (POs)						
Course Outcomes (COs)	PO-1 Basic and Discipline Specific Knowledge	PO-2 Problem Analysis	PO-3 Design/ Development of Solutions	PO-4 Engineering Tools	PO-5 Engineering Practices for Society, Sustainability and Environment	PO-6 Project Management	PO-7 Life Long Learning
CO1					03	03	03
CO2		/ _			02	02	03
CO3	01	01	01		03	03	03
CO4		01	01	01	03	03	03
CO5	\ /	02		01	03	03	03

Legends: - High:03, Medium:02, Low:01, No Mapping: -

# XII. SUGGESTED LEARNING MATERIALS / BOOKS

Sr.No	Author	Title
1	IRAP, Hyderabad, CTARA, IIT Bombay and UNICEF, Mumbai	Compendium of Training Materials for the Capacity Building of the Faculty and Students of Engineering Colleges on 'IMPROVING THE PERFORMANCE OF RURAL WATER SUPPLY AND SANITATION SECTOR IN MAHARAS Districts Economic survey reports
2	Central Public Health and Environmental Engineering Organisation	Manual on Water Supply and Treatment
3	Specifications And Standards Committee	Indian Standards (IS) Codes and Indian Roads Congress (IRC) Codes
4	Prepared by each district administration	Districts Economic survey reports  29/11/2023

<sup>\*</sup>PSOs are to be formulated at institute level

Sr.No	Author	Title						
5	Local college students, UMA staffs	Sample Case Studies on UMA website						
6	RBI	https://www.rbi.org.in/FinancialEducation/content/GUIDE310113_F.pdf						
7	RBI	https://www.rbi.org.in/FinancialEducation/content/Financing%20needs%20of%20Micro%20and%20small%20Enterp. %20A%20guide.pdf						
8	RBI	https://www.rbi.org.in/FinancialEducation/content/I%20Can%20Do_RBI.pdf						

# XIII. LEARNING WEBSITES & PORTALS

Sr.No	Link / Portal	Description		
1	https://gr.maharashtra.gov.in/Site/Upload/Government%20Resolutions/English/201601131501523808.pdf	Government Resolution of Government of Maharashtra rega Maharashtra Abhiyan		
2	https://gr.maharashtra.gov.in/Site/Upload/Government%20Resolutions/English/201606151454073708.pdf	Government Resolution of Government of Maharashtra rega Maharashtra Abhiyan Guidelines		
3	https://censusindia.gov.in/census.website/	A Website of Census of India		
4	https://gsda.maharashtra.gov.in/english/	A Website of Groundwater Survey and Development Agency		
5	https://mrsac.gov.in/MRSAC/map/map	A Website where district-wise maps showcasing different att Maharashtra Remote Sensing Applications Centre.		
6	https://ejalshakti.gov.in/jjmreport/JJMIndia.aspx	A Website of Jal Jivan Mission, Government of India		
7	https://cpcb.nic.in/	A Website of Central Pollution Control Board, Government		
8	http://www.mahapwd.com/#	A Website of Public Works Department, GoM		
9	http://tutorial.communitygis.net/	A Website for GIS data sets developed by Unnat Maharashtr		
10	https://youtu.be/G71maumVZ1A?si=TzDTxKUpLYaRos7U	A video record of lecture by Prof. Milind Sohoni, IIT Bomba Development and Society		
11	https://youtu.be/TUcPNwtdKyE?si=wnSWrhGc9dJTC-ac	A keynote talk by Prof. Milind Sohoni, IIT Bombay, on Inte Engineering: The Road Ahead		
12	https://youtu.be/mKJj6j_1gWg?si=ajE8s4lfB2OM63Ng	A TED talk by Prof. Milind Sohoni, IIT Bombay, on Vernace Science of Delivery		
13	https://www.ugc.gov.in/pdfnews/4371304_LifeSKill_JeevanKaushal_2023.pdf	UHV: UGC Course on life skils. Unit 4 i.e. Course 4 is to be		
14	https://nss.gov.in/	NSS: Know about the NSS Scheme and details		
15	https://www.rbi.org.in/FinancialEducation/FinancialEnterpre nure.aspx	Reference for Module V		
16	https://www.rbi.org.in/FinancialEducation/content/I%20Can%20 Do_RBI.pdf	Reference for Module V		
17	https://www.rbi.org.in/FinancialEducation/content/Financing% 20needs%20of%20Micro%20and%20small%20Enterprises%20-%20A%20g uide.pdf	Reference for Module V		
18	https://www.rbi.org.in/FinancialEducation/content/GUIDE31011 3_F.pdf	Reference for Module V		

MSBTE Approval Dt. 29/11/2023

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